

VOL. 29, No. 5
JANUARY/JANVIER 2012

Pipelines

Bouches et anches

President's Message

By Invitation...

REV. DR. STEPHEN HAYES

Counting our Blessings: Good Health

This month I have invited my husband, Stephen, to write a guest editorial. This year he celebrates the 50th year of his ordination and in that time he has worked with many gifted organists. Here are his musings on the subject of organists' health.

We all know that we all have a lot to be grateful for. It is always worth counting our blessings and one of these, for sure, is the gift of good health.

But what of the health concerns of musicians, especially organists and choir directors? Some of these endure pain, often soldiering on in difficult circumstances. Generally congregations show an appropriate concern for members of their churches and pastoral attention is often present. We need to make sure it is also present for our organists and choir leaders.

Sometimes pain is stress due to difficult circumstances. As congregations decline, so also, in many cases, do the choirs we have in our churches. In a time of decline it is not unusual for congregations to look around for someone to blame – the minister, perhaps, or the organist?

Choirs constitute their own difficulties. Who has not heard the expression that “if the devil cannot get into the church in any other way, he will get in through the choir”? But one soon learns that the difficulties one encounters in everyday life eventually turn up in the church. We are human beings after all and dealing with problems in a church setting, comprised of volunteers, is often much more difficult than in many other settings. Volunteers come in with their own expectations, and these are not always easy to deal with. In difficult times it is not hard to imagine a choir leader wishing that she had gone into something simple, like nuclear physics, rather than face the endless complexities of human nature exhibited by choristers. Again, more stress.

But the work of the organist also brings

with it some physical challenges that have to be dealt with (thank God for medicare!): for instance carpal tunnel syndrome and back problems related to the pedal board as the organist stretches her legs to play. Astonishingly, there is even a safety issue connected with an organist practising, sometimes alone at night, in a darkened church. One organist was physically attacked in a downtown Ottawa church about 30 years ago. The Americans have especially warned their members of this danger. Being beaten up can be a life changing experience with physical and psychological pain experienced for years after the event.

So, dear organist and choir leader, take care of thyself. In dealing with stress be sure to be in contact with one another. Let's make sure that all that talk we hear in our churches about pastoral attention extends also from one musician to another. Collegiality is at the same time pastoral attention. We all need the support of friends and no one walks alone.

When physical problems come, don't tough it out. See a doctor, sooner than later. Sometimes going to a chiropractor will help with back problems. Others may need to be introduced to osteopathy, a discipline that concentrates on the proper balance of the body – not a bad aim for an organist as he does all his stretching and movement with the Toccata and Fugue or other energetic piece. Some may need to be told about the usefulness of Glucosamine and Chondroitin for hand pain.

So here are some things to consider as we count our blessings but also determine to have a healthy new year.

- Stephen Hayes

1 President's Message

2 Around Town
2011 Educational Programme

3 Supply List
Organ Teachers List

4 Our Advertisers

Around Town

Sunday, January 8, 2012, 7:30 p.m.

House of Opera, Etcetera: Lara Ferreira & Pauline van der Roest (soprano), Ken Trudell (tenor), Thomas Franzky (bass), Tea Mamaladze (piano). Sit back, relax and give yourself some time to listen to a beautiful variety of famous opera arias, duets, quartets and 'non' opera classical songs. St. Luke's Church: 760 Somerset Street West (3 blocks west of Bronson Ave). Admission by donation. Info. www.stlukesottawa.ca, pentland@hotmail.com, (613) 235-3416

Sunday, January 22, 2012, 7:30 p.m.

Opus Four (flute quartet) with Cathy Baerg, Kirsten Carlson, Natasha Chapman, Loyda Lastra. Opus Four—Ottawa's only flute quartet—presents a mix of old and new music for four flutes. St. Luke's Church: 760 Somerset Street West (3 blocks west of Bronson Ave). Admission by donation. Info. www.stlukesottawa.ca, pentland@hotmail.com, (613) 235-3416

Sunday, February 5, 2012, 7:30 p.m.

Kirsten Carlson & Loyda Lastra (flute). A flute-filled evening of conversational duets and entertaining solos with flutes of various sizes. St. Luke's Church: 760 Somerset Street West (3 blocks west of Bronson Ave). Admission by donation. Info. www.stlukesottawa.ca, pentland@hotmail.com, (613) 235-3416

Sunday, February 19, 2012, 7:30 p.m.

Les goûts réunis. Come and enjoy a feast of Baroque music that will whet your appetite. Kevin James (baroque violin), Barbara Zuchowicz & Marjolaine Fournier (viola da gamba), Madeleine Owen (theorbo), Sara Lackie (baroque triple harp). St. Luke's Church: 760 Somerset Street West (3 blocks west of Bronson

Ave). Admission by donation. Info. www.stlukesottawa.ca, pentland@hotmail.com, (613) 235-3416

Sunday, March 4, 2012, 7:30 p.m.

Garry Elliott (guitar) & Gertrude Lé-tourneau (flute). An evening of music for flute and classical guitar. St. Luke's Church: 760 Somerset Street West (3 blocks west of Bronson Ave). Admission by donation. Info. www.stlukesottawa.ca, pentland@hotmail.com, (613) 235-3416

Sunday, March 18, 2012, 7:30 p.m.

Ottawa Celtic Choir; Ellen MacIsaac, (conductor). In celebration of St. Patrick's Day, a concert of Celtic music from around the Celtic Nations and the Celtic Diaspora in North America. St. Luke's Church: 760 Somerset Street West (3 blocks west of Bronson Ave). Admission by donation. Info. www.stlukesottawa.ca, pentland@hotmail.com, (613) 235-3416

Sunday, April 1, 2012, 7:30 p.m.

Three Voices and a Cello: A concert from the ensemble *Tourmaline:* Joyce Lundberg & Sylvia Larrass (soprano), Shirley Hockin (alto) & Peter Rapson (cello). Spanning the musical styles of the late Medieval to the early Baroque, we present a selection of solos, duets, and trios, some a capella, some with cello continuo. St. Luke's Church: 760 Somerset Street West (3 blocks west of Bronson Ave). Admission by donation. Info. www.stlukesottawa.ca, pentland@hotmail.com, (613) 235-3416

Sunday, April 15, 2012, 7:30 p.m.

Thomas Brawn & Jonathan Bayley (flute), Robert Jones (organ). The magical sound of the flute and the majesty of the organ team up to present music of Mozart, Bach and Telemann. St. Luke's Church: 760

Somerset Street West (3 blocks west of Bronson Ave). Admission by donation. Info. www.stlukesottawa.ca, pentland@hotmail.com, Tel (613) 235-3416

Sunday, April 29, 2012, 7:30 p.m.

The Two-Spirit Viola. Aditi Magdalena will offer works by Bach written for solo violin and solo cello, arranged for viola; and her own meditations for solo viola. St. Luke's Church: 760 Somerset Street West (3 blocks west of Bronson Ave). Admission by donation. Info. www.stlukesottawa.ca, pentland@hotmail.com, (613) 235-3416

Sunday, May 6, 2012, 7:30 p.m.

Sweet Songs for Spring: Susan Lines (soprano), Joan Milliken (piano) & Angela Blackwell (clarinet) round out St. Luke's 2011-12 recital series. St. Luke's Church: 760 Somerset Street West (3 blocks west of Bronson Ave). Admission by donation. Info. www.stlukesottawa.ca, pentland@hotmail.com, Tel (613) 235-3416

2012 Educational Programme Continues

In any given year, there are always one or more purely educational meetings for our membership. In 2012, there will be two such workshops:

Saturday, February 11, 2012, 10 a.m. to 12 noon: Kirkland Adsett, Director of Music, St. Matthew's Anglican Church, presents *A Workshop on Improvisation*. St. Matthew's Anglican Church, 217 First Avenue, Ottawa.

Saturday, May 12, 2012, 1:00 to 3 p.m. Valerie Hall, Director of Music, Holy Rosary Cathedral, Regina, Saskatchewan, presents *A Workshop on Canadian and American Organ Music*. Paroisse St-Francois d'Assise, 1060 Wellington Street West, Ottawa.

Watch for further information to be published in upcoming issues of *Pipelines / Bouches et Anches*.

Happy
New Year

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2011-2012

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NEXT EXECUTIVE MEETING:
MONDAY, JAN 16TH, 7:30 PM,
ST. PETER'S LUTHERAN CHURCH

Supply List

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Robert Dunlop	613-235-3778		
Janice Gray	613-276-3172	janicenlpegypt@hotmail.com	
Frances Macdonnell	613-726-7984	fbmacdonnell@sympatico.ca	
Simon Pinsonneault	613 299-1886	simon.pinsonneault@tc.gc.ca	
Wesley R. Warren	613 726-6341		Weddings and Funerals.

*Please note: Supply list can also be found on the RCCO Ottawa web site at <http://www.rcco-ottawa.ca>
Anyone interested in adding their names to the Supply List, please contact Suzanne St-Germain
at 613-841-0246 or via email at newsletter@rcco-ottawa.ca*

Organ Teachers List

D. Mervyn Games, B.Mus., FRCO, ARCM. Students in piano, organ, and theory at all levels. For info call 613-729-2515.

Robert P. Jones, M.Mus., ARCCO (ChM). All levels of students (teenager or adult). Lessons at St. Luke's Church (760 Somerset Street W.) Info: pentland@hotmail.com

Heather Rice, ARCT, BMus, ARCCO (ChM). Welcomes students in piano, organ, voice and theory, Beginner - Intermediate, Children - Adult. Call 613-563-1409

Wesley R. Warren, M.Mus., FRCO, (ChM), ARCT. Beginning to advanced organ students, piano and theory. St. Barnabas Anglican Church, (Kent St. at James), Ottawa. Info: 613-726-6341

Newsletter submissions

Send your articles and photos to:

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628 Tourelle Drive
Orleans, ON K4A 3H4
613-841-0246

newsletter@rcco-ottawa.ca
or
[sstgermain@rogers.com](mailto:ssstgermain@rogers.com)



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Advertising Policy

1. Any Ottawa Centre member may announce his/her events in the *Around Town* section of the newsletter free of charge if they are the coordinator, conductor or organist/accompanist of the event.
2. If a member wishes to place a free announcement in *Around Town* for an event of another organization he/she is a member of (not covered by Policy 1), the member must make a written request to the RCCO Centre Executive for approval of that one specific event. Approval may be granted on the basis that this event would be of specific interest to our members: i.e Church/Choral, and/organ/bells, encouragement of young organists and pianists.
3. If a non-member wishes to freely announce an event of his/her Organizations in *Around Town*, he/she must make a written request to the RCCO Ottawa Centre Executive for approval of that one specific event. Approval may be granted as per policy 2, however in most circumstances we would expect the Organization to pay as per the rates set out by the Centre for advertising.